



## **Prayer Walking in Heacham 2020.**



Heacham Parish Church

**Prayer walking is as simple as it sounds - praying as you walk.**

**It is a great way to bring transformation to your local community by asking God to break in.**

### **Just go for a walk**

For those that are able to go out for exercise, take a walk around our village. Prayer walking can be done on your own, or with others that you live with.

If you are unable to leave your home, pray for your road and neighbours or use the prayer diary and pray for the different streets and organisations.

### **Know your community**

As you walk around, pray for the places that you are going past. For our schools, our doctor's surgery, our shops, the fire station, our churches, for the work of the parish council, for those whose houses you pass.

### **Get prayer walking**

The core of prayer walking is conversing with God; ask Him to show you what He sees; to know His heart for our community.

#### **Here are some practical suggestions on how to prayer walk effectively:**

- As you prayer walk, be aware of your surroundings: what you see, smell, hear and touch. But also be aware of what God is saying to you; if any Bible verses pop into your head or if you have any pictures, visions or words of knowledge. Turn these natural and supernatural senses into prayer.
- The point of prayer walking isn't about being seen praying; it's about seeing and praying. You can pray quietly or in silence.
- As you prayer walk, be intentional about praying for God's blessings on who and what you see and feel. "Your Kingdom come, your will be done..." is an excellent start.
- After your prayer walk, keep praying for your community. Why not make your walk a physical prayer by repeating it for a week?
- As you keep praying, continue to ask for God's blessing in our area; praying for God's kingdom to come and His Will to be done in our area. If you feel that God is highlighting specific needs or challenges, think about how to take action; how could we and our Church be part of God's solution practically, as well as prayerfully?

## **COMMUNITY PRAYERS**

**1. Pray for families.** Families are a crucial social unit, and they can weather some significant challenges.

**Heavenly Father, we ask for your presence in families in our village. We pray for strength and understanding within marriages and relationships in our village. We ask**

**for loving, strong bonds between the children, teenagers, adults, and grandparents. We pray that each branch of the family would demonstrate love for one another.**

**2. Pray for relationships between neighbours.** Healthy relationships between neighbours create a loving and compassionate community,

**God Almighty, we ask for healthy, thriving relationships between neighbours. We pray different cultures will be able to understand and care for one another in our village. We pray that the diversity of your people will be celebrated by all neighbours, just as you affirm and love each one of us.**

**3. Pray for schools.** Pray that schools would be a place of positive influence for students in the village.

**Father, we pray for the teachers, heads and staff who devote their days to shepherding our students.**

**Please be present as governors and school leaders make impactful decisions. We ask for guidance and patience for the volunteers as they serve our village schools. We pray that our schools will be a safe, positive community for our students.**

**4. Pray for local churches.** We hope to see congregations committed to serving the residents and representing the hands and feet of Jesus.

**Lord God, we pray for guidance for our Veronica and Steve as they nurture your church congregations and seek to serve those around us. We pray that's we will would welcome neighbours with open arms. We hope for residents to find a place to experience community with the body of Christ as we serve and pray for them.**

**5. Pray for safety and peace.** A village where all residents feel welcomed and safe is one we strive to create. Pray God would allow our neighbours to find safety in their living situation.

**God, our Prince of Peace, we ask for your presence in the streets and homes of our village.**

**We pray for local law enforcement, for their safety and wisdom and compassion in all circumstances.**

**We pray your comfort for those who have experienced violence, and we ask your protection for all our neighbours.**

**6. Pray for local politicians and leaders.** Pray for community voices to be heard in matters that impact them at the local, city, and national levels.

**Father, we ask you to give our national and local leaders wisdom to make decisions affecting our neighbourhood. We pray they will be thoughtful in their decisions and listen to the voices of the community. We pray for courage to stand up for our community and to live with grace and dignity in our village.**

**7. Pray for residents.** Pray for each of your neighbours by their name, if you can . Pray that our neighbours will know Jesus more deeply in their lives and flourish in their lives.

**God, we ask for a flourishing community, where neighbours learn to love each other and come to know Jesus. We pray that we can be good stewards of Your love to each one of our neighbours.**

**We ask that You help us to learn from our community, and it may be a place where all are welcome.**

